

Carroll County Core Service Agency



Directory of Mental Health Providers in Carroll County

Printed June 2004

TABLE OF CONTENTS

Title Page	1
Table of Contents	2
How to use this directory	3
SECTION I:	
Publicly funded mental health services	4
Maryland's Priority Population	5
Acute Inpatient Services	6
Longer Term Inpatient Treatment Services	7
Case Management Services	7
Mobile Treatment Services	7
Outpatient Mental Health Clinics & Treatment Services	8
Partial Hospitalization Services	8
Psychiatric Rehabilitation Services	8
Residential Rehabilitation Services	9
Residential Crisis Services	9
Supported Employment Services	10
Related Services	10
Community Support Groups, Prescription Drugs, Substance Abuse Services, Resources for Sex Offenders	
SECTION II:	
Service Grid	13
SECTION III:	
Alphabetical listing of Providers	20
Change Page	39

Directory of Mental Health Providers in Carroll County

Mission

The mission of the Carroll County Core Service Agency is to promote and oversee an array of publicly funded mental health services and supports for the Carroll County community.

Vision

Carroll County will have a comprehensive and integrated system of quality mental health services and supports to assist individuals with psychiatric disorders attain their highest level of self-sufficiency within the community.



This directory is an attempt to compile a list of all mental health providers who offer services to Carroll County citizens. Extended thanks goes out to the providers who were cooperative in working with the Carroll County Core Service Agency in the creation of this directory. This directory is not intended to be an exhaustive or authoritative guide to mental health services. It is intended to be an aid to providers and caregivers in their efforts to provide comprehensive treatment and care to individuals with psychiatric disorders so optimal independence and functioning can be achieved.

HOW TO USE THIS DIRECTORY

Section One of the directory contains a brief description of the publicly funded mental health services, who is eligible for public mental health services, and the providers of those services. A brief description defines services provided. Section Two is a service grid listing commonly requested services. Section Three is an alphabetical listing of the providers with detailed information about their services. Individual staff members of some provider groups have been listed in Section Three to assist in the referral and linkage to comprehensive services. To provide information to update this directory or to get listed in the next printing, please complete the form found in the back of the directory.

To obtain a copy of this directory please call the Carroll County Core Service Agency at 410-876-4440 or fax a request to 410-876-4929.

Publicly Funded Mental Health Services

The public mental health system provides mental health care for individuals who meet medical necessity and income eligibility criteria. Individuals who meet the criteria are also known as “Maryland’s Priority Population”. These individuals, because of the seriousness their mental illness have functional disability and financial need. Medical Assistance or Pharmacy Assistance eligibility must be established. No co-pay is required for individuals with Medical Assistance.

Low income or uninsured individuals may be required to pay toward the cost of the service.

To apply for Medical Assistance, refer individuals to the Carroll County Department of Social Services, Marguerite Roach, 410-386-3360, to schedule an appointment.

Pharmacy Assistance applications can be obtained through the Department of Social Services, Carroll County Health Department, Core Service Agency or at the web site,

www.dhmd.state.md.us/mma/mpap.

In the Public Mental Health System, services must be pre-authorized before providers of the service can get paid. Maryland Health Partners (MHP) is the designated agency that pays claims submitted for public mental health services. The provider will contact MHP or the Core Service Agency and request service authorization. To become a public mental health provider, contact MHP Provider Relations 410-953-1800 for an application.

Maryland Health Partners: 800-888-1965

www.mdhp.com (provider oriented)

www.magellanAssist.com

Maryland's Priority Population

“Priority population” means those children, adolescents, and adults for whom, because of the seriousness of their mental illness, extent of functional disability, and financial need, the Department of Mental Health and Hygiene has declared priority for publicly funded mental health services. Priority population includes:

- ❖ **A child or adolescent, younger than 18 years old, with serious emotional disturbance, which is a condition that is:**
 - diagnosed with a mental health diagnosis, according to the current Diagnosis and Statistical Manual (DSM) of the American Psychiatric Association (APA) and
 - characterized by a functional impairment that substantially interferes with or limits the child's role or functioning in the family, school or community activities.
- ❖ **An adult, aged 18 to 64, with a serious and persistent mental disorder, which is a disorder that is diagnosed according to a current DSM of the APA as:**
 - Schizophrenic Disorder,
 - Major Affective Disorder,
 - Other psychotic disorder, or
 - Borderline or schizotypal personality disorder, with the exclusion of an abnormality that is manifested only by repeated criminal or otherwise antisocial conduct; and characterized by impaired role functioning, on a continuing or intermittent basis, for at least 2 years, including at least three of the following:
 - inability to maintain independent employment
 - social behavior that results in intervention by the mental health system
 - inability, due to cognitive disorganization, to procure financial assistance to support living in the community
 - severe inability to establish or maintain a personal social support system
 - need for assistance with basic living skills
- ❖ **An elderly adult, aged 65 or older who:**
 - Who experiences one of the following:
 - Early stages of serious mental illness, with symptoms that have been exacerbated by the onset of age-related changes,
 - Severe functional deficits due to cognitive disorders and/or acute episodes of mental illness, or
 - Psychiatric disability coupled with a secondary diagnosis, such as alcohol or drug abuse, developmental disability, physical disability or serious medical problem.
 - An individual committed as not criminally responsible, who is conditionally released from a Mental Hygiene Administration facility, according to the provisions of the Annotated Code of Maryland, Criminal Proceeding, Section 3.

MENTAL HEALTH SERVICES

The following services are available to those individuals enrolled in the public mental health system that have met medical and income eligibility criteria. Medical Assistance (Medicaid) or Pharmacy Assistance eligibility must be met before services are rendered.

Acute Inpatient Mental Health Services

Community inpatient services are designed as short-term admissions for diagnostic, evaluation, and stabilization of psychiatric illnesses. Admissions are either voluntary or involuntary (certified).

Area community hospitals that take involuntary admissions are:

Carroll Hospital Center (age 12 & up) 410-871-6971

Partial Hospitalization Day program available.

Geriatrician on staff for consultation (GEM unit).

Maryland General Hospital 410-225-8000
No day program.

Northwest Hospital Center (age 18 & up) 410-521-5025
No day program

Sheppard Pratt (Baltimore) 410-938-3800
Day programs available.
Limited transportation.
Adolescent and geriatric serves available.

Sheppard Pratt at Howard County (age 12 & up) 410-938-3800
Admissions are coordinated through the Baltimore office.

University of Maryland 410-706-3100
Day program available.
For transportation, client must be within city limits.
Consultation for geriatric clients.

Area community hospitals that only take voluntary admissions are:
Howard County General Hospital 410-740-7676

Montgomery General Hospital 301-774-8800

Longer Term Inpatient Mental Health Services

Admission into a state facility is considered when community resources and supports, natural and formal, have been exhausted and are not sufficient to attain and maintain stabilization of an individual. To have an individual admitted, the area community hospital can call **1-866-632-3648**. Admissions will be taken to the next available bed within the state system.

Case Management Services

Case management assists individuals in acquiring needed resources through assessment, referrals, and linkages to services. Individuals enrolled in the Public Mental Health system maybe eligible for intensive case management (also known as “targeted” case management). Medical Assistance will pay for case management services if eligibility criteria are met. Medicare will not pay for case management. Intensive case management is a billable, pre-authorized service. Referral to case management can be done by anyone and is strongly recommended for eligible clients with mental health needs. Psychiatric case management is built in as a service of psychiatric rehabilitative programs (PRP) and residential rehabilitative programs (RRP). Individuals who participate in these programs have case managers who assist with the development of a service plan to meet identified needs.

Case Management Providers:

Keystone Services of Maryland **410-875-4694**
(serving all ages)
475 Goldenrod Terrace
Westminster, MD 21157
Fax: 410-875-4699

Specialized Outreach Case Management Providers:

PATH **410-875-4964**
(homeless or at risk of being homeless)

MCCJTP **410-875-4964**

(Maryland Community Criminal Justice Treatment Program)

Mobile Treatment Services

Mobile treatment services are available to individuals enrolled in the Public Mental Health services with the intent of reducing emergency room, inpatient or detention center admissions. A multidisciplinary team delivers treatment to individuals diagnosed with a mental illness (as identified in Maryland’s Priority Population) and who are unable to be successfully treated in traditional outpatient settings.

Mobile Treatment
Service Providers:

Carroll County Youth Service **410-848-2500**
Bureau Mobile Treatment (CCYSB) **ext. 48**
332-140 Village Road

Westminster, MD 21157

Fax: 410-876-3016

Outpatient Mental Health Clinics

An outpatient mental health clinic (OMHC) is a program licensed under Department of Health and Mental Hygiene that provides continuity of outpatient care through written agreements for collaboration with other programs and facilities that provide mental health services to which individuals are referred for needed services. A comprehensive array of services, such as individual and group therapy, pharmacological therapies, bio-feed back and monitoring, are offered through a team approach.

OHMC Service Providers: **Granite House** **410-751-5970**
288 East Green Street
Westminster, MD 21157
Fax: 410-751-7797

Villa Maria **410-848-2037**
15 East Main Street, Suite 24
Westminster, MD 21157
Fax: 410-848-5273

Carroll County Youth Services **410-848-2500**
Bureau (CCYSB)
332 –140 Village Road
Westminster, MD 21157
Fax: 410-876-3016

Partial Hospitalization Services

Partial hospitalization programs are outpatient short-term intensive psychiatric treatment services. Non-residential treatment is provided for a minimum of 4 consecutive hours a day.

Partial Hospitalization	Carroll Hospital Center	
Service Providers	Adult	410-871-6955
	Adolescent	410-871-7061

Psychiatric Rehabilitation Programs (PRP)

PRP programs provide rehabilitation services to reduce symptoms of a psychiatric disability and maximize the individual's ability to function successfully in the community. Case management services, to assist the individual in the coordination of with other needed services, are built into PRP programs. Individuals entering a PRP must be enrolled as a Medical Assistance or Pharmacy Assistance recipient prior to treatment and requires pre-authorization.

PRP Service Providers:	Calvary Health Care LLC	410-521-5004
	3723 Sonara Road	
	Randallstown, MD 21133	
	Fax: 410-521-0509	

	Granite House	410-876-3007
	288 East Green Street	ext. 135
Westminster, MD 21157		
Fax: 410-751-7797		

	Transformations Community	410-553-6229
Outreach Services		
1404 South Crain Highway, Suite 208		
Glen Burnie, MD 21061		
Fax: 410-553-6623		

Residential Rehabilitation Services (RRP)

RRP services are limited rehabilitative services within specific housing sites for individuals who have severe and persistent mental illness. There are two levels of residential support, general and intensive. General support means staff is available, on call, 24 hours per day, seven days a week with a minimum of one face to face contact each week. Intensive support provides a minimum of 40 hours a week up to 24 hours a day, seven days a week. Individuals entering a RRP must be enrolled as a Medical Assistance or Pharmacy Assistance recipient prior to treatment. RRP

services require MHP authorization. The Core Service Agency monitors the availability housing sites and referral of individuals for these services. Application for these limited services must be coordinated through the Adult Coordinator at the Core Service Agency (410-876-4907) and not through the service provider.

RRP Service Providers:	Granite House 288 East Green Street Westminster, MD 21157 Fax: 410-876-5882	410-876-3007 ext. 135
	Prologue, Inc. P. O. Box 1264 Sykesville, MD 21784 Fax: 410-549-6510	410-653-6190 (admission coordinator)
	Way Station P. O. Box 3826 Frederick, MD 21705 Fax: 301-662-3692	888-878-5066

Residential Crisis Services (RCS)

Residential crisis services are voluntary, short-term intensive mental health and support services in a community based, non-hospital setting. These services are designed to shorten the length of inpatient stay, prevent inpatient admission or as an alternative to a psychiatric inpatient admission.

RCS Service Providers:	Alliance Crisis Beds 1519 West Patrick Street Frederick, MD 21702 Fax: 301-668-9847	410-282-5900 or 301-668-4732
	Revisions Behavioral Health Systems 7509 Inwood Avenue Catonsville, MD 21228 Fax: 410-869-7845	410-869-1666

Supported Employment Services

Supported employment provides vocational consultation, pre-employment training, job training, coaching, and transitioning for individuals with psychiatric disabilities and other barriers to employment. Supported employment services must be authorized through the Core Service Agency.

Supported Employment: Providers	STEP, Inc. Schapiro Training & Employment Program 263 East Main Street Westminster, MD 21157 Fax: 410-875-3371	410-848-7793
	Way Station at Granite House, Inc. 288 East Green Street	410-876-3007 ext.151

Westminster, MD 21157
Fax: 410-751-7797

RELATED SERVICES

Community Support Groups

Consumer Drop in Center

410-751-6600

A safe, comfortable environment for consumers of mental health services to access peer support and socialization.

DRADA

410-967-9673

(Depression & Related Affective Disorders Association) Minimizing suffering from depression and other affective disorders by assisting with self help groups, providing educational programs, and information.

Double Trouble in Recovery

410-751-6600

A 12-step support group for individuals struggling with mental illness and substance abuse.

Grassroots Hotline

1-800-422-0009

Maryland Coalition of Families for Children's Mental Health

1-888-607-3637

Maryland Family Voices

410-574-3750

Fax: 410-574-0844

E-mail: RhowellAdvocate@aol.com

Statewide grassroots network of families and friends advocating for children with special health needs.

NAMI

410-876-6416

Educational organization and support group for individuals and family members whose lives are affected by mental illness.

On Our Own

410-751-6600

Consumer run organization providing support, advocacy, socialization, and education for individuals recovering from a psychiatric disability.

Parent's Place of Maryland, Inc.

410-859-5300

Fax: 410-859-5301

E-mail: info@ppmd.org

Web: www.ppmd.org

Offers information, referral services, educational workshops and courses, assists parents in their efforts to obtain the best possible services for their children.

Rape Crisis Intervention Service

410-857-0900

Prescription Drugs

There are programs that assist individuals in obtaining prescribed psychiatric medication. The contacts below will provide access to pharmaceutical companies that offer free or reduced-cost medication to low-income families or individuals.

Maryland Medbank Program 410-821-9260 ext. 150

Short-term Prescription Drug Subsidy Plan 1-800-972-4612

Department of Veterans Affairs 1-877-222-8387

Maryland Pharmacy Assistance Program and

Maryland Pharmacy Discount Program 1-800-226-2142 www.dhmmh.state.md.us
Pharmaceuticals Research & Manufacturers of America 1-800-762-4636
www.needymeds.com
Maryland AIDS Drug Assistance Program 1-800-205-6308
Together Rx program for Medicare enrollees 1-800-865-7211 www.together-rx.com

Substance Abuse Services (Licensed and Certified Treatment Programs)**

ACTS, Alcohol Chemical Treatment Services 410-230-4660

**ADAPT Counseling, Inc. 410-549-6282

Alcoholic Anonymous 410-663-1922

Al-Anon Family Groups of MD and DC, Dist. 3 410-876-1859

Alcoholics Victorious, Chapter 629 410-848-2222

Carroll County Family Support Center 410-857-0629

Carroll Hospital Center 410-871-7061

(programs to serve adolescents and adults with
co-occurring mental health and substance abuse needs)

**Carroll County Health Dept., Outpatient Services 410-876-4800

DARE Unit (Drug Abuse Resistance Education) 410-368-3597

Drug Free Schools Program 410-751-3331

**Junction, Inc. 410-848-6100

**Metwork Health Services 410-781-4158

**Mountain Manor Treatment Center, Outpatient 410-876-2425

Narcotics Anonymous, Baltimore Area 410-566-4022

**Re-Entry Mental Health Services 410-848-9244

**Shoemaker Addictions Residential Center 410-876-1990

Resources for Sex Offenders

Family and Children's Services of Carroll County 410-876-1233

Hillcrest Family Center (Frederick) 410-662-6892

Cornerstone Counseling (Gettysburg) 717-334-7374

Dr. Fred Berlin (Baltimore)

410-539-1661

Ronald Zuskin (Baltimore)

410-706-3638

SECTION II

Service Grid

[illegible]

[illegible]

	SERVICE GRID (** medicaid provider) (++ medicare provider)																																
Provider	Abuse/Violence	Victim	Offender	Sexual	Adolescents/Teens	Anger Management	Anxiety/Stress	Addictions/Substance Abuse	Children/School Issues	Counseling	Couples, relationships	Family, marital	Individual	Pastorial	Depression	Domestic Violence	Eating Disorders	EMDR	Evaluation/testing	EAP	Greif/loss	Group Psychotherapy	Hypnotherapy	Medication Management	Older Adults	Pain Management	Parenting Issues	Phobias	Psychotherapy	Sexuality	Specific Psychiatric Disorders	Trauma/PTSD	Women's/Men's Issues
Counseling Centers of Maryland ++					X		X	X	X	X	X	X											X	X						X	X		
410-356-8260																																	
Easley, Amy LCSW-C **	X				X	X			X		X	X	X		X						X						X		X		X	X	X
410-833-9059																																	
Family & Children's Services ** ++	X	X	X	X	X	X			X	X	X	X	X		X	X				X		X			X		X		X	X		X	X
410-876-1233																																	
Finksburg Plaza Counseling Services**	X	X		X	X	X	X		X		X	X	X		X						X			X			X		X		X	X	X
410-833-9059																																	
First Step, Inc ++					X			X	X	X		X	X						X			X		X	X		X						
410-521-4141																																	
Granite House ** ++	X	X			X	X	X		X	X	X	X	X		X	X	X		X	X	X	X		X	X		X	X	X	X	X	X	X
410-751-5970																																	
Hoffman Psychotherapy	X	X	X	X	X	X	X	X	X	X	X	X	X		X		X				X	X	X		X		X	X	X	X		X	X
410-876-1994																																	

[illegible]

[illegible]

[illegible]

[illegible]

SECTION III

Alphabetical listing of Providers

ALPHABETIC LISTING OF ALL PROVIDERS

Adams, Margaret, MD

410-848-2500

Carroll County Youth Services Bureau

ADAPT Counseling, Inc.

410-549-6282

1643 Liberty Road, Suite 204

Eldersburg, MD 21784

Fax: 410-549-5653

Hours: M – Th 9am – 7pm, F 9am – 2pm, every other Sat 9am – 2pm

Fees: Medicare, HMO's, most major insurance, eval. \$175.00, med. mgmt. \$70.00, ind./family counseling \$110.00

Services: children (10 and older), adolescents, adults, families, older adults, psychiatric evaluation, medication monitoring, psychotherapy, substance abuse, dual diagnosis, depression, bi-polar, anxiety, panic disorders, schizophrenia, ADD/ADHD

Ader, Dawn, LCSW-C

410-549-6282

ADAPT Counseling, Inc.

Agatone, Joyce, LCSW-C

410-848-2500

Carroll County Youth Services Bureau

Almonte, Tamara, PsyD

410-781-6585

6400 Ridge Road, Suite 13

Eldersburg, MD 21784

Phone and Fax (same): 410-781-6585

Hours: Tues 12 noon – 9pm and Thurs 9am – 4pm

(Second office in Severna Park – Anne Arundel County - with M & W hours)

E-mail: tcapsyd@aolcom

Fees: Medicare, Pro Bono (thru the ProBono Counseling Service), sliding scale, private insurance, Carefirst BC/BS, MAMSI, Alliance MDIPA, Optimum Choice, APS, Fidelity, Blue Choice, Aetna, \$135.00/evaluation, \$120.00/session

Services: Adolescents, adults and older adults, individual/couples psychotherapy, grief and loss, transitions, depression, anxiety/stress, ACOA

Armstrong, Lisa, LCMFT

410-833-9059

Finksburg Plaza Counseling Services

Bacharach, R. L., LCSW-C

410-833-2244

Bacharach Clinical Associates

750 Main Street, Suite 304

Reisterstown, MD 21136

Fax: 410-592-5610

Hours: M – Th 11am – 9pm

Fees: Medicaid, Medicare, Probono, HMO's, most insurance, \$90.00 (indiv. therapy) \$120.00 (assessment)

Handicapped accessible office, on major transportation route

Services: children (2 and older), adolescents, adults, death/loss bereavement with children, child/adolescent play therapy

Bare, Rev. David, MS, MDiv

410-857-4211

133 E. Main Street

Westminster, MD 21157

e-mail: dbare@adelphia.net

Hours: by appointment

Fees: fee for service, negotiable

MBCC certified

Services: **children (10 and older), adolescents, adults, couples, marital, grief, teens, adjustment disorder, anger management, trauma/abuse victim and offender**

Battista, Michelle, LCSW-C 410-848-2500

Carroll County Youth Service Bureau

Bennett, Robin, LGSW

410-848-2500

Carroll County Youth Services Bureau

Berger, Cheryl, MS

1-866-236-2254

Catoctin Counseling Centers, Incorp.

Berkowitz, Susan, LCSW-C

410-876-2522

Transformations Psychotherapy

Berlinrood, Wendy, PhD, LCSW-C

410-526-6331

3 Blue Spruce Court

Reistertown, MD 21136

Hours: T,W,TH 10am – 6pm by appointment

Fees: fee for service, Medicare, most insurance

Services: **children, adolescents, young adults, elderly, anxiety, depression, trauma, grief, gender issues, chronic pain, school related issues, treatment plans, psychotherapy, family, couples, marital, individual, parent-child relationships**

Billingslea, Nan, LCSW-C

410-848-2500

Carroll County Youth Services Bureau

Bisco, Michael, MD

410-356-8260

Counseling Centers of Maryland

Blackwell, Tina, LCSW-C

410-549-6282

ADAPT Counseling , Inc.

Boris, Edward, PhD, NBCCH

410-848-0244

215 Washington Heights

Westminster, MD 21157

Hours: M, T W 9am – 7pm

Fees: negotiable, sliding scale, MDIPA, private insurance

NTL, board certified clinical hypnotherapist

Services: **all ages, panic, self-esteem, depression, trauma, relationship issues, all types of stress disorders, anxiety, panic, PTSD, hypnosis for habit control, weight control, pain control, smoking**

Boggs, Kathleen, LCPC	Villa Maria	410-848-2037
Boller, Ronald, LCSW-C	Cedar Ridge Counseling Center	410-552-0773
Bonny, Catherine, LCSW-C	Cedar Ridge Counseling Center	410-552-0773
Bonny, Erich, LCSW-C	Cedar Ridge Counseling Center	410-552-0773
Brophy, Frank, MS	Catoctin Counseling Centers, Incorp.	1-866-236-2254
Brown, Robert, LCSW-C	New Perspectives	410-751-9205
Budney, Kevin, PhD	Carroll Counseling Center	410-549-5181
Callahan, Annette, LCSW-C		410-526-5387
Mind, Body, & Balance		
Cardenas, Fabiola, LCSW-C	First Step	410-521-4141
Carroll Counseling Center		410-549-5181
1380 Progress Way, Suite 101		
Eldersburg, MD 21784		
Fax: 410-549-5182		
e-mail: carrollcounseling@rcn.com		
Hours: M-F 9am – 6pm , Sat 9:30 – 3:30 by appointment		
Fees: sliding scale fee, Medicare, Optimum Choice, MAMSI, Carefirst BC/BS PPO, POS, \$175.00		
PhD eval., \$250.00 MD eval., \$150.00 PhD, appt. \$75.00 MD med. appt.		
Services: psychotherapy, testing, evaluation, medication management		
Carroll County Youth Service Bureau	410-876-2500	
332-140 Village Road	or	
Westminster, MD 21157	410-848-2500	
Fax: 410-876-3016		
Hours: M – Th 8:30am – 8pm, Fri 8:30am-4 pm		
Fees: Medicaid, Medicare, HMO, most insurance, sliding scale		
Services: children, adolescents, adults, families, prevention & treatment services, mobile treatment, parent/teen mediation, outpatient mental health clinic, parent education, school related programs, “The Horses Program”, Family Preservation Program		
Catholic Charities	301-898-7900	
303 West Lincoln Avenue		
Emmittsburg, MD 21727		
Offices in: Emmittsburg, Frederick, Brunswick, Middletown, Mt. Airy		
Fax: 301-694-8221		
e-mail: vrother@catholiccharties_md.org		
Hours: M-F some Sat by appt.		
Fee: sliding scale, medical assistance, some insurance		
Services: all ages, family, marriage, individual problems, dual diagnosis, substance abuse, school based counseling services available		
Catoctin Counseling Center, Inc.	410-848-9091	
63 E. Main Street, Suite 8/9	or	

Westminster, MD 21157

Offices in: Westminster, Thurmont, Hagerstown, Frederick

Fax: 301-739-0041

Hours: varies according to location

Fees: negotiable, most insurance

Services: **young adults, adults and older adults, anger management, domestic violence, substance abuse, sexual offenders, court-ordered**

301-745-6687

or

toll free **1-866-236-2254**

Cedar Ridge Counseling Centers

410-552-0773

6470 Ridge Road, Suite 1

Eldersburg, MD 21784

And: 79 E. Main Street, Suite 400, Westminster, MD 21157

Offices in: Eldersburg, Westminster, Owings Mill, Baltimore, Laurel

Fax: 410-552-0774

e-mail: cedarridgecc@aol.com

Web page: cedarridgecounseling.com

Hours: M – F 9am – 9pm, Sat 9am – 1pm, varies according to location)

Fees: Medicare, most insurance, accept contracted insurance rates, HMO, private insurance

Services: **all ages, indiv., couples, family, & group therapy, biofeedback, EAP, testing, evaluation, child behavior problems, trauma, codependency, parent education, school adjustment, codependency**

Chmar, Angela, LCSW-C

410-848-2500

Carroll County Youth Service Bureau

Cheeks, Sherrill, MD

410-848-9244

Re-Entry Mental Health Services, Inc.

Confidential Counseling

410-876-3447

77 East Main Street

Westminster, MD 21157

Fax: 410-751-6969

Hours: by appointment

Fee: \$110.00/hour

Services: adults, relationship problems, anxiety, depression, grief, substance abuse, stress/coping/relaxation techniques, mid-life concerns, divorce adjustment, spiritual counseling

Connelly, Lynette, LCSW-C

410-751-5970

Granite House

Constantinides, Maryann, LCSW-C

410-552-0773

Cedar Ridge Counseling Center

Cornerstone Counseling

410-876-4154

828 Hughes Shop Road

Westminster, MD 21158

Fax: same as phone #

e-mail: pmday@carr.org

Hours: M – TH by appointment

Fee: \$60.00

Services: **pastoral counselor for adults and teens, depression, anxiety, relationship issues, sexual abuse, domestic violence, trauma, grief**

Counseling Centers of Maryland

410-356-8260

9199 Reisterstown Road Suite 105B

Owings Mills, MD 21117

Offices in: Owings Mills, Eldersburg

Fax: 410-356-8299

e-mail: rjo@counselingcentersofmaryland.com

Hours: M – F 9am – 9pm, Sat. 9am – 12noon

Fee: Medicare, Probono, most insurance accepted

Services: children, adolescents, adults, older adults, marriage, couples, families, EAP, mediation, critical incident stress management, medication management, substance abuse, dual diagnosis, bipolar

Craven, Nancy, LCSW-C **410-751-5970**

Granite House

Creager, Allan, PsyD **410-552-0773**

Cedar Ridge Counseling Center

Daniels, Lindsey. PsyD **410-356-8260**

Counseling Centers of Maryland

Davis, Lynn, LCPC **410-848-2500**

Carroll County Youth Service Bureau

Davis, Risa, LCMFT **410-356-8260**

Counseling Centers of Maryland

Dawsey, Holly, LCSW-C **410-552-0773**

Cedar Ridge Counseling Center

Day, Mary Lou, MS **410-876-4154**

Cornerstone Counseling

de la Cruz, Eduardo, MD **410-549-6282**

ADAPT Counseling Inc.

Define, Linda, LCSW-C **410-848-2500**

Carroll County Youth Service Bureau

Dick, Russell, LCSW-C **410-848-9244**

Re-Entry Mental Health Services, Inc.

Dietrich, Carol, LCSW-C **410-848-9244**

Re-Entry Mental Health Services, Inc.

Donnelly, Sharon, LCSW-C **410-871-2188**

Within Your Grasp

Duan, Yu-fei, MD **410-751-5970**

Granite House, Inc.

Dvorak, Michael, LCSW-C, MSWAC **410-356-8260**

Counseling Centers of Maryland

Easley, Amy, LCSW-C **410-833-9059**

Finksburg Plaza Counseling Services

Ebaugh, David, LCPC, CCDC, CEAP **410-751-9205**

New Perspectives

Epstein, David, PhD **410-751-9205**

New Perspectives

Essman, Clifford, PhD **410-552-0773**

Cedar Ridge Counseling Center

Family & Children's Services **410-876-1233**

22 North Court Street

Westminster, MD 21157

Fax: 410-876-4791

Hours: M – Th 8:30am – 8:30pm, F 8:30am – 4:30pm

Fee: Medicaid, Medicare, set according to co-pays or sliding scale, accept all insurance's

Services: **all ages, families, abuse/violence victim, offender, sexual, trauma, women's issues, individual, family, group counseling**

Felix, Colleen, BS

1-866-236-2254

Catoctin Counseling Centers, Inc.

Finksburg Plaza Counseling Services

410-833-9059

3000 Gamber Road, Suite 700

Finksburg, MD 21048

Fax: 410-833-5011

Hours: M – Th 9:00am – 9:00 pm, Fri 9am – 3pm

Fee: Medicaid, Private Insurance

Services: **Ages 3 years to 65 year old. Individual, family, couples therapies, medication management, psychiatric evaluations, art therapy, play therapy**

First Step, Inc.

410-521-4141

8303 Liberty Road

Baltimore, MD 21244

3525 Resource Drive

Randallstown, MD 21133

Offices in: Cockeysville, Baltimore, Randallstown, Reisterstown (services vary according to site)

Fax: 410-521-3993

e-mail: firststepmd@aol.com

website: firststepmd.com

Hours: M - TH 9am – 9pm, F 9am – 4pm, Sat 9am – 1pm

Fee: Medicare, HMO's, most insurance

Services: **children (6 and up), adolescents, adults, families, older adults, substance abuse, testing, evaluation, medication management, case management, recovery groups, school programs, alcohol treatment, educational and prevention services**

Gable, Terri, MS

1-866-236-2254

Catoctin Counseling Centers, Incorp.

Gary, Jeffrey, PhD

410-521-4141

First Step

Gerry, Beatrice, PhD

410-549-5181

Carroll Counseling Center

Goldman, David, LCSW-C

410-521-4141

First Step

Gonder, Robert, MA

410-751-5970

Granite House

Gordon, Darlene

410-876-1233

Family and Children's Services

Gordon, Melissa, LGSW

410-848-2500

Carroll County Youth Service Bureau

Graning, Harald Jr., LCSW-C

410-876-3447

Confidential Counseling

Granite House

410-751-5970

288 East Green Street

Westminster, MD 21157

Fax: 410-751-5974

Hours: M, T, F 7:30am – 5pm, W & TH 7:30 – 8pm, Sat 8am – 5pm

Fee: Medicaid, Medicare, most insurance, sliding scale

Services: adolescents (age 14 and older), adult, older adults, psychotherapy, chronic mental illness, women's, issues, psychological testing, medication management

Gump, Larney, D.Ed

410-549-5181

Carroll Counseling Center

Harkless, Dorothy, MSW

410-876-1233

Family & Children's Services

Haus, Sarah, MSW

410-876-1932

257 E. Main Street

Westminster, MD 21157

Hawkins-Heitt, Sandra, PsyD

410-751-9205

New Perspectives

Held, Howard, LCSW-C

410-356-8260

Counseling Centers of Maryland

Hemp, Sallie, LCSW-C

410-875-5433

Carroll County Family Counseling Center

Hess, Michael, LCPC

410-356-8260

Counseling Centers of Maryland

Hoffman, Joan, PhD

410-876-1994

Hoffman Psychotherapy

24 North Court Street

Westminster, MD 21157

Fax: 410-848-9599

Hours: by appointment

Fee: fee for service

Services: all ages, individual, couples, marital, family, anxiety, depression, trauma, abuse victim & offender

Holler, Dan, LCSW-C

410-871-2700

Center for Creative Counseling

Hollander, Lori, LCSW-C

410-876-9994

Hollander, Robert, LCSW-C, JD

Hollander Counseling Associates LLC

280 East Main Street, Suite 103

Westminster, MD 21157

Offices in: Westminster, Owings Mills, Essex

Fax: 410-363-1612

e-mail: hollandertherapy@aol.com

Hours: M - Sat, day evening, weekend appointment

Fee: Medicare, most insurance accepted, \$125.00 initial evaluation/\$100.00 per session thereafter.

Services: children, adolescents, adults, families, older adults, group, divorce & business mediation, ADHD/ADD, ACOA/co-dependency, depression, anxiety, panic attacks, divorce issues, adult survivors of abuse, marriage/relationship, workplace issues, gay/lesbian issues, compulsive disorders

Holzman, Scott, PhD

410-751-920

New Perspectives

Hopkins, William, PhD

410-549-5181

Carroll Counseling Center

Horn, Elizabeth, LCSW-C

410-751-5970

Granite House

Hosford, Janet, LCSW-C

410-552-0773

Cedar Ridge Counseling Center

Housel, Glenda, MD

410-751-5970

Granite House

Hovmand, Beverly, LCSW-C

410-356-8260

Counseling Centers of Maryland

Jacobs, Sheryl, Ph.D.

410-356-3344

New Perspectives

ohnson, Gwendolyn, LCSW-C

410-552-0773

Cedar Ridge Counseling Center

Jones, Diane, LCSW-C

410-751-5970

Granite House

Jones, Michele, LCSW-C

410-751-5970

Granite House

Jones, Vonzella, LCSW-C

410-356-8260

Counseling Centers of Maryland

Joshi, Milan, MD

410-552-0773

Cedar Ridge Counseling Center
(on-site consulting psychiatrist)

Kaeser, Carolyn, MS

1-866-236-2254

Catoctin Counseling Centers, Inc.

Katz, Beth, LCSW-C

410-356-8260

Counseling Centers of Maryland

Kennedy, Jan, LGSW

410-848-2500

Carroll County Youth Service Bureau

Kerschner, Ronald, LCSW-C

410-848-9244

Re-Entry Mental Health Services, Inc.

Klingmeyer, Rose, LCSW-C

410-356-8260

Counseling Centers of Maryland

Knapp, Patricia, Ph.D.

410-489-2927

15513 Bushy Tail Run
Woodbine, MD 21797
Fax: 410-489-5159

Krieger, Madeline, RN, BSN, MA

410-871-2188

Within Your Grasp

Labellarte, Michael, M.D.

410-833-9059

Finksburg Plaza Counseling Services

Larrimore, Thomas, LCPC

410-751-5970

Granite House

Lea, Robert, EdD

410-549-6282

ADAPT Counseling, Inc.

Phone: 410-596-7559

Fax: 410-756-5166

Also: 417 E. Baltimore Street

Taneytown, MD 21787 410-596-7559

Hours: 12-7pm M-F,

Fee: 100.00 hour Medicare, Medicaid, CareFirst, BC/BS, MAMSI, Optimum Choice, APS, Fidelity

Leone, Christine, LCPC, LCADC

410-363-7163

Mind, Body & Balance

438 Main Street

Reisterstown, MD 21136

Fax: 443-394-3275

e-mail: arc18c1l@aol.com

Hours: M - Sat 8am – 8pm by appointment

Fee: Medicare, sliding scale, most insurance, HMO's, \$100.00/hour

Services: children, adolescents, adults, older adults, family, marital, drug and alcohol, play therapy, teen issues, ADHD, self esteem, codependency

Lerner, Darin, M.D.

410-751-5970

Granite House, Inc.

LeVeque, Linda, LCSW-C

410-751-9205

New Perspectives

Levey, William, LCSW-C

410-751-9205

New Perspectives

Lippy, Karen, RN, MS, CS-P, MAC

410-848-9244

Re-Entry Mental Health Services, Inc.

Locklear, Eileen, PhD

410-795-4764

1645 Liberty Road, Suite 104

Eldersburg, MD 21784

Fax: 410-795-4764

e-mail: clocklear@adelphia.net

Hours: mornings, afternoon daily, 2 evenings per week until 9pm

Fee: Medicare, HMO, most insurance, varies according to health plan

Services: adolescents, adults, families, older adults, anxiety, personality disorders, PTSD,

domestic violence, adult survivors of abuse

Lofstrand, Joanne, LCSW-C 410-848-2500

Carroll County Youth Service Bureau

Mahan, Paula, LCSW-C 410-356-8260

Counseling Centers of Maryland

Manner, Pamela, MA, ATR-BC, LCPC 410-833-9059

Finksburg Plaza Counseling Services

Mansoor, Yasin., MD 410-549-6282

ADAPT Counseling, Inc.

Mauer, Andrea 410-876-1233

Family & Children's Services

Meads, Denise, MSW 410-876-1233

Family & Children's Services

Mednick, Steve, MSW 410-875-5433

Carroll County Family Counseling

Meyers, Judith, LCSW-C 410-751-5970

Granite House

Mickiewicz, Toni, LCSW-C 410-848-2270

112 East Main Street

Westminster, MD 21157

Hours: M, T, Th 5pm – 9pm, some Sat

Fee: negotiable, insurance reimbursable

Services: age 12 and older, individual, couple, & family counseling, affective disorders, trauma, grief, parenting issues, domestic violence, stress, anger management, women's issues, family, marital, gerontology, anxiety

Additional Information: Will no longer be practicing in Westminster, MD as of July 2004. Moving out of the area.

Miller, Williams, PhD 410-848-9244

Re-Entry Mental Health Services, Inc.

Milliken, Judith, M.D. 410-848-2500

Carroll County Youth Service Bureau

Mind, Body & Balance 410-526-5387

438 Main Street

Reisterstown, MD 21136

Fax: 410-526-9834

Hours: by appointment

Services: Adult women, eating disorders, group therapy, weight management

Morrison, Julie, PsyD 410-552-0773

Cedar Ridge Counseling Center

Morrison, Susan, LCSW 410-356-3344

New Perspectives

Murphy, Susan, RN 410-848-2500

Carroll County Youth Services Bureau

Meyer, Marcia, LCSW-C 410-857-8027

225 East Main Street

Westminster, MD 21157

Hours: M, T, Th 9am – 9pm

Fee: Medicaid, Medicare, most insurance, fee for service, sliding scale

Services: all ages, affective disorders, anxiety, EMDR, PTSD, trauma, sexual abuse, victim and offender, domestic violence, stress, women's issues, family, marital

Nelson, Joan, LCSW-C

410-848-2500

Carroll County Youth Service Bureau

New Perspectives Counseling Group

410-751-9205

Hunter Profession Center

(Westminster)

904 A Washington Road

Westminster, MD 21157

Offices in: Westminster, Owings Mills

410-356-3344

Fax: 410-751-6191

(Owings Mills)

e-mail: voelz@newperspectives.com

Hours: M 5pm – 9pm, T & W 9am – 9pm

Fee: Medicare, HMO, most insurance accepted, \$ 160.00/initial eval., \$110.00 indiv. therapy, \$125.00 marital, family

Services: all ages, marital/family, couples, EAP, school/learning, anxiety, stress, depression, divorce mediation, substance abuse, education classes for adults and children.

Norris, Michelle. LCPC

410-552-0773

Cedar Ridge Counseling Center

Olson, Harry, PhD

410-356-8260

Counseling Centers of Maryland

Ottenstein, Richard, PhD, CEAP, CTS

410-356-8260

Counseling Centers of Maryland

Palmer, Amy, PhD (child psychologist)

410-356-3344

New Perspectives

Palmieri, Nicholas, LCADC

410-552-0773

Cedar Ridge Counseling Center

Pathways Counseling Group

410-526-3717

438 Main Street

Reisterstown, MD 21136

Fax: 410-526-2078

e-mail: bcshalony@msn.com

Hours: evenings, some weekends

Fee: Medicaid, Medicare, private insurance, HMO, \$80.00/hour

Services: adults, older adults, PTSD, grief, depression, anxiety, sexual/physical abuse

Patterson, PhD

Patterson Psychological Services

410-549-1040

7349 Springfield Avenue

Sykesville, MD 21784

Fax: same as office #

e-mail: rosieog51@aol.com

Hours: afternoon & evening by appointment

Fee: Medicaid, Medicare, most insurance, sliding scale

Services: all ages, chronic mental illness, inpatient experience with persistent severe mental illness, domestic, parent-teen mediation, critical incident stress management, trauma, sexuality, gay/lesbian, transvestism

Peek, Amy, LCSW-C, LCADC

410-356-8260

Counseling Centers of Maryland

Peverly, Jennifer, LCSW-C

410-848-9244

Re-Entry Mental Health Services, Inc.

Phillip-Blue, Denyse, LCSW-C 410-356-8260

Counseling Centers of Maryland

Poleno, David, LCSW-C 410-848-2500

Carroll County Youth Service Bureau

Propper, Sharon, PhD 410-751-9205

New Perspectives

Rabel, Kimberly, LCSW-C 410-552-0773

Cedar Ridge Counseling Center

Rape Crisis Intervention Service Center (RCIS) 410-857-0900

Mailing address: P. O. Box 1563, Westminster, MD 21158

224 North Center Street, Rm. 102

HOT LINE: 410-857-7322

Westminster, MD 21157

Fax: 410-876-9174

Web page: www.rapecrisiscc.com

Hours: M-F 9am – 5pm, other times by appointment, 24 hour hotline, walk-in crisis counseling

Fee: none

Services: age 12 and up, victim and significant other treatment (no offender treatment), education & training, hospital, court, police accompaniment, consultation, information & referral

Raznick, David, PhD. 410-549-5181

Carroll Counseling Center

Reap, Richard, LCSW-C 410-356-8260

Counseling Centers of Maryland

Re-Entry Mental Health Services, Inc. 410-848-9244

40 South Church Street, Suite 105

or

Westminster, MD 21157

1-800-886-9244

Fax: 410-876-5049

Hours: M – T 9am – 9pm, must call for appointment

Fee: Medicare, HMO, most insurance, variable fees

Services: children, adolescents, adults, families, older adults, diagnostic assessment, individual and group therapies, substance abuse, marital, psychological testing, chemotherapy, stress, crisis intervention, hypnotherapy, EMDR, psychosis, phobias, eating disorders, chronic pain

Reusing, Sarah, PhD 410-549-5182

Carroll Counseling Center

Rhoton, Kimberly, LCSW-C 410-848-2500

Carroll County Youth Service Bureau

Ringley, Sherrill, RNC 410-751-5970

Granite House

Roberts, Keri, PhD 410-549-5181

Carroll Counseling Center

Robichaud, Jason, LCSW-C 410-848-2500

Carroll County Youth Service Bureau

Rother, Ray, PhD, LCSW-C 301-898-7900

Catholic Charities

Roys, Anna, LCSW-C 410-848-2500

Carroll County Youth Service Bureau

Ruelos, Nellis, MD		410-549-5181
	Carroll Counseling Center	
Sachs, Paul, MS, LCADC		410-521-4141
	First Step	
Sanders-Murray, Sonya, LCSW-C		410-521-4141
	First Step	
Scheinberg, Audrey, MD		410-751-5970
	Granite House	
Scholle, Nancy, PhD		410-549-5181
	Carroll Counseling Center	
Sears, Dale, LCSW-C		410-848-2500
	Carroll County Youth Services Bureau	
Seligman, Garry, MD		1-866-236-2254
	Catoctin Counseling Centers, Incorp.	
Shapiro, Sandra. LCPC		410-751-5970
	Granite House	
Sigmond, Suzan, LCSW-C		410-356-8260
	Counseling Centers of Maryland	
Smith, Cathy, MS, RN		410-848-2500
	Carroll County Youth Services Bureau	
Smith-Baker, Nora, LCSW-C		410-848-9244
	Re-Entry Mental Health Services, Inc.	
Sober, Jennifer, LCPC		410-751-5970
	Granite House	
Sokas, Regina, LCPC		410-751-5970
	Granite House	
Soronson, Diane, LCSW-C		410-356-8260
	Counseling Centers of Maryland	
Stewart, Edwina, LCSW-C		1-301-668-0481
7299 Coach Light Court		
Frederick, MD 21703		
Fax: 301-668-0481		
Hours: M, T, W, F 9 am – 5pm		
Fee: Medicaid, Medicare, some private insurance, private pay, sliding scale		
Services: specialty in older adults, individual psychotherapy for older adults and their family, service provided in client home or assisted living setting		
Stouter, Larry, MS, LCPC, CCDC		1-866-236-2254
	Catoctin Counseling Centers, Inc.	
Stroop, Angie, LCPC		410-552-0773
	Cedar Ridge Counseling Centers	
Sturm, Jill, LCSW-C		410-848-2500
	Carroll County Youth Service Bureau	
Swetz, Anthony, PhD.		410-848-9244
	Re-Entry Mental Health Services, Inc.	
Thompson, Patricia, PhD		410-795-4764
1645 Liberty Road, Suite 104		
Eldersburg, MD 21784		

Fax: same as telephone #

Hours: T & Th 9am – 7pm

Fee: Medicare, HMO, most insurance, fee varies by insurance

Services: **all ages, clinical psychology, individual, couple, family, anxiety, depression, grief/loss, women's, school, parenting, and behavioral issues, evaluation/testing.**

Transformations Psychotherapy

410-876-2522

77 East Main Street

Westminster, MD 21157

Fax: 410-876-7322

Hours: by appointment

Fee: Medicare, fees negotiable

Services: age 10 and up, adolescents, adults, families, individual, couple, anxiety, EMDR, financial, trauma, women's issues, grief/loss, contractual service to Carroll County Public Schools for emotional and behavioral issues

Trazkovich, Lazlo, MD

410-751-5970

Granite House

Unangst, Kathy, MS, NBCC

410-795-9097

7245 Third Avenue

Sykesville, MD 21784

Hours: M – Th 5:30pm – 9pm

Fee: sliding scale, negotiable

Services: **age 21 and up, individual, couples, depression, anxiety, life transitions, stress, relationships**

Villa Maria

410-848-2037

15 East Main Street, Suite 24

Westminster, MD 21157

Fax: 410-848-5273

Contact person: Mary Ann Duncan

Hours: M – F by appointment

Fees: Medicaid, sliding scale, BC/BS only

Services: **ages 4 and up, individual, family, couples, parenting issues, abuse, victim, anger management, depression medication management, consults for head start program, works within schools**

Viloria, Mariles, MD

410-549-5182

Carroll Counseling Center

Voelz, Cynthia, PhD

410-751-9205

New Perspectives

Waranch, LCSW-C

410-751-9205

New Perspectives

Waterbury, Marcia, MD

410-751-9205

New Perspectives

Within Your Grasp

410-871-2188

1093 Long Valley Road

Westminster, MD 21158

Offices in: Westminster, Eldersburg, Ellicott City

e-mail: mkriege@go.com

Hours: by appointment

Fee: Medicaid, some insurance, sliding scale

Services: all ages, cancer, chronic illness in children & adults, survival issues, grief, bereavement, sibling program, relationships, couple, family, individual

Wivel, Mary Ellen, LCSW-C

410-751-9205

New Perspectives

Ziegler, Denise, LCPC

410-751-5970

Granite House

Zimmerman, Robbyn, LCSW-C

410-356-8260

Counseling Centers of Maryland

CHANGE PAGE

**Please complete the following form and mail or fax to the Carroll County Core Service Agency.
The information provided will appear in the next revised edition of Directory of Mental Health
Providers in Carroll County.**

Name: _____

Group or Practice Name _____

Primary Address _____

Business or Office _____

Local Address _____

If different from _____

Office _____

Telephone _____ **Fax** _____ **E-mail** _____

Ages Served ___ Children ___ Adolescents ___ Adults

 ___ Older Adults ___ All ages

Services or Specialty: _____

Insurance Accepted ___ Medicaid ___ Medicare ___ Pro Bono

 ___ Sliding Scale ___ Private Insurance ___ HMO
(Please list)

Fees: _____

Hours _____

Additional Information _____

I would like to become a public mental health provider

Mail to: Carroll County Core Service Agency

290 South Center Street

P. O. Box 460

Westminster, MD 21158

Fax: 410-876-4929

Telephone 410-876-4440